

Mitchell EMC



The news
you need to
know in
5 minutes!

CAMILLA, GEORGIA
www.mitchellemc.com

Local Student Represents Mitchell EMC on Unforgettable Experience in Washington, D.C.

Outstanding students from across Georgia, including Lauren Salter of Dougherty Comprehensive High School, and Kailyn Lindsey of Worth County High School, recently returned from the Washington Youth Tour, a life-changing, week-long leadership experience sponsored by Georgia's electric membership corporations, including Mitchell EMC.

From June 13–20, Lauren and Kailyn joined more than 1,800 high school students from across the country in Washington, D.C., where they explored our nation's capital, developed leadership skills and discovered the importance of civic involvement and community service.

"This experience provides a powerful, real-world lesson in history, leadership and community impact that can't be taught in a classroom," said Heather Greene, Member and Public Relations Coordinator, Mitchell EMC. "By visiting the places where history was made, students gain a deeper appreciation of their role in shaping the future."

The 2025 Georgia delegation included 116 student delegates, 14 chaperones and three tour directors. The journey kicked off with a banquet in Atlanta, celebrating the delegates and their families before the group traveled to D.C.

While in the nation's capital, students visited iconic sites including Mount Vernon, Arlington National Cemetery, the U.S. Capitol, Supreme Court, Library of Congress, and the Smithsonian Museums. They also toured revered memorials honoring Jefferson, Lincoln, FDR, MLK, and veterans of World War II, Vietnam and Korea.

Georgia's delegates also participated in a dinner cruise on the Cherry Blossom Riverboat where they took in historic sites from the Potomac River and enjoyed a night of fellowship.

Beyond the monuments, students engaged in thoughtful discussions on current events and civic responsibility by attending an informational congressional luncheon where students had the opportunity to visit with congressional staffers and Senators Raphael Warnock and Jon Ossoff.

Delegates also participated in National Youth Day, hosted by the National Rural Electric Cooperative Association, where keynote speaker Mike Schlappi, an Olympic gold medalist and author, shared his inspiring story of resilience and determination.

The Washington Youth Tour has impacted nearly 50,000 students nationwide since its inception. Alumni have gone on to lead in science, business and government—including the U.S. Senate—and many continue to serve their communities at local and state levels.

"The connections these students make and the experiences they share have the power to shape their future, and our communities, for years to come," said Greene.



About Mitchell EMC

Mitchell EMC is a consumer-owned cooperative providing electricity and related services to 15, 202 consumers in Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Miller, Mitchell, Thomas, Tift, Turner and Worth.

About Georgia EMC:

Georgia EMC is the statewide trade association representing the state's 41 electric cooperatives, Oglethorpe Power Corp., Georgia Transmission Corp. and Georgia System Operations Corp. Collectively, Georgia's customer-owned co-ops provide electricity and related services to 5 million people, nearly half of Georgia's population, across 73 percent of the state's land area. To learn more, visit www.georgiaemc.com and follow us on Facebook and X.

A Community Partner Since 1937



**Mitchell EMC
offices will be
closed on Mon-
day, Sept. 1st,
in observance
of Labor Day.
To all who help
drive progress
and build our
shared future, we
hope you enjoy
a well-deserved
break!**

5 Tips for a Safe Harvest

Electrical safety during harvest season requires vigilance and proactive measures. Follow these tips to reduce the risk of electrical accidents.

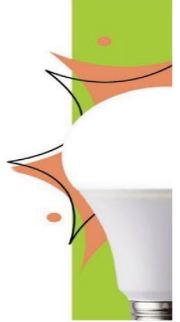
1. Maintain at least a 10-foot distance from power lines when operating equipment like grain augers, elevators and other tall machinery.
2. Use a spotter to navigate safely around power lines and other electrical equipment.
3. Ensure all farm workers are trained on electrical safety procedures.
4. Regularly inspect all electrical equipment and machinery for signs of wear and damage.
5. Keep first aid kits and emergency contact numbers in an easily accessible location.



ENERGY EFFICIENCY

TIP OF THE MONTH

Take advantage of "shoulder months," which refer to the transitional periods between peak heating and cooling seasons. During the fall, these milder weeks typically occur between September and November. Shoulder months offer a great opportunity to reduce home energy consumption as the need for extensive heating or cooling is reduced. Look for simple ways to boost indoor comfort without running your heating and cooling system. Use ceiling fans and open windows on breezy days to ventilate your home. On cooler days, add a layer of clothing and avoid running the heat.



Go Above and Beyond for a Safe Harvest

By Abby Berry

Modern farming often relies on data and equipment with GPS and auto-guidance systems. However, even with these modern conveniences, farm workers must remain vigilant. That's because farming is considered one of the most dangerous jobs.

Massive machinery is indispensable to farming, but the same impressive size, height and extensions make them particularly vulnerable to contacting power lines. That's why staying alert, focused and knowledgeable about potential hazards and safety procedures is crucial.

During a busy harvest season, the familiar sights around the farm can easily fade into the background, and farm workers can overlook the power lines overhead. However, failing to notice them can lead to deadly accidents.

360 Awareness

Awareness of your surroundings, around, above and below, and planning safe equipment routes can significantly reduce the risk of accidents. Even with GPS and auto-steering, it's imperative that farm workers keep a close eye on the equipment's location and are ready to take action if necessary.

Exposed underground powerlines, defective wiring in farm buildings and extension cords are also hazards. Grain bins can pose a potential danger as well. The National Electrical Safety Code requires power lines to be *at least* 18 feet above the highest point on any grain bin with which portable augers or other portable filling equipment are used. If you plan to install new grain bins or you're concerned about the proximity of power lines to existing grain bins, contact Mitchell EMC.

Smart Harvest Safety Tips

To ensure a safer harvest season, SafeElectricity.org recommends the following tips to avoid electrical accidents on the farm:

- **Exercise caution near power lines.** Be careful when raising augers or the bed of grain trucks around power lines.
- **Use spotters when operating large machinery near power lines.** Ensure the spotters do not touch the machinery while it is moving near power lines.

- **Lower equipment extensions, portable augers or elevators before moving or transporting equipment.** Do not raise equipment, such as ladders, poles or rods into power lines. Remember that non-metallic materials like lumber, tree limbs, ropes and hay can conduct electricity, especially when damp, dusty or dirty.
- **Never attempt to raise or move power lines to clear a path.** Doing so could result in electric shock or death.



- **Avoid using metal poles inside bins.** Don't use metal poles to break up bridged grain inside or around bins.
- **Hire qualified electricians.** Ensure that qualified electricians handle work on drying equipment and other farm electrical systems.

While rare, the only reason to exit equipment that has come into contact with overhead lines is if the equipment is on fire. However, if it happens, jump off the equipment with your feet together and without touching the machinery and the ground at the same time. Then, still keeping your feet together, hop to safety as you leave the area.

Abby Berry writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association, the national trade association representing nearly 900 local electric cooperatives. From growing suburbs to remote farming communities, electric co-ops serve as engines of economic development for 42 million Americans across 56% of the nation's landscape.

Serving in 14 Southwest Georgia Counties...



September is National Preparedness Month – a great reminder to take a few simple steps to keep you and your loved ones safe in an emergency.

- 1. Make a plan.** Talk with your family about where you will go and how you will stay in touch during an emergency.
- 2. Build an emergency supply kit.** Gather supplies like water, non-perishable food, flashlights, batteries, medications and first-aid supplies.
- 3. Stay informed.** Sign up for local weather alerts and other important updates.

TIPS TO AVOID ENERGY SCAMS ⚠️

Solar energy is rising in popularity, and so are solar scams. If a salesperson knocks on your door promising free solar panels at zero cost or that you'll never have to pay your energy bill again, it's likely a scam. If you're interested in solar panels for your home, do your research, get multiple quotes from licensed providers who are reputable, and most importantly, take your time to ensure a smooth process.

Source: Federal Trade Commission



The Value of Electricity

Did you know the average daily cost of electricity is about \$5? When you think about all the ways we use electricity every day, that's a great value!



A day's worth of electricity powers: home heating/cooling, electronics, lighting, major appliances and more.



Look at the everyday items below, then add a plus (+) sign next to the items you think cost more than daily electricity. For items you think cost less than daily electricity, add a minus (-) sign.

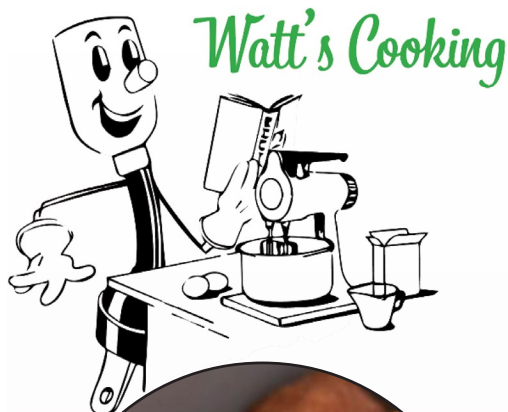
1.  Large Pizza	2.  1 Movie Ticket
3.  Candy Bar	4.  Video Game
5.  Ice Cream Cone	6.  Plush Toy

Answer Key: + 9 - 5 + 4 - 3 - 2 + 1

Note: If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

Statement of Equal Employment Opportunity

All applications for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/DV/D



Picture Credit: thepioneerwoman.com/food-cooking/recipes/a10228/apple-dumplings/

Apple Dumplings

Ingredients

Can of crescent rolls

1-2 apples

2/3 cup of sugar

½ cup of butter melted

½ teaspoon of cinnamon

½ teaspoon of vanilla flavoring

¾ cup of Mountain Dew

Directions

Preheat the oven 350°F. Butter a 13-by-9-inch baking dish. Peel and core the apples. Cut each apple in half vertically, then each half into 4 wedges. Place one apple wedge on the wide base of a triangle and roll the apple toward the pointed end of the triangle, allowing the dough to overlap and wrap around the apple. Continue with the remaining apples and crescent rolls. Place in the prepared baking dish. In a small saucepan, melt the butter. Add the sugar and barely stir to create a lumpy, grainy mixture. Add the vanilla and barely stir again. Pour the mixture over the wrapped apples. Pour the Mountain Dew soda around the edges of the pan and sprinkle with cinnamon. Bake until the dumplings are golden brown and crispy on top, 30 to 45 minutes.

Submitted by Betty White, Worth County

Share & Win!

Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can

win a \$25 credit

on your next Mitchell EMC bill.

Send recipes to: Heather Greene,
P.O. Box 409, Camilla, GA 31730 or email to
heather.greene@mitchellemc.com.